

**HANDLING OUR ANGER**

BEFORE IT HANDLES US

**Proverbs 25:8** Go not forth hastily to strive, lest thou know not what to do in the end thereof, when thy neighbour hath put thee to shame.<sup>9</sup> Debate thy cause with thy neighbour himself; and discover not a secret to another:<sup>10</sup> Lest he that heareth it put thee to shame, and thine infamy turn not away.

# PATIENTLY

**Proverbs 25:8** Go not forth hastily to strive...

**Proverbs 18:13** He that answereth a matter before he hear-eth it, it is folly and shame unto him.

**James 1:19** So then, my beloved brethren, let every man be swift to hear, slow to speak, slow to wrath;<sup>20</sup> for the wrath of man does not produce the righteousness of God.

# PRIVATELY

**Proverbs 25:9** Debate thy cause with thy neighbour himself; and discover not a secret to another:

**Proverbs 17:9** He that covereth a transgression seeketh love; but he that repeateth a matter separateth very friends.

# PRUDENTLY

**Proverbs 25:11** A word fitly spoken is like apples of gold in pictures of silver.

**Proverbs 15:1** A soft answer turneth away wrath.

**POWERFULLY**

**Proverbs 25:15** By long forbearing is a prince persuaded, and a soft tongue breaketh the bone.

**POSITIVELY**

**Proverbs 25:21** If thine enemy be hungry, give him bread to eat; and if he be thirsty, give him water to drink:<sup>22</sup> For thou shalt heap coals of fire upon his head, and the LORD shall reward thee.

**PERSONALLY**

**Proverbs 25:28** He that hath no rule over his own spirit is like a city that is broken down, and without walls.